

Figure 5.8 Video Learning Team Self-Assessment Form

Video Learning Team Self-Assessment

Date:

After watching the video recording of today's learning meeting, please rate how close your communication skills were to your idea.

	<i>Not Close</i>					<i>Right On</i>	
In the video-recorded meeting, I . . .							
Offered suggestions tentatively but honestly.	1	2	3	4	5	6	7
Encouraged my peers by acknowledging their successes.	1	2	3	4	5	6	7
Actively demonstrated empathy.	1	2	3	4	5	6	7
Focused on learning rather than winning.	1	2	3	4	5	6	7
Listened more than I talked.	1	2	3	4	5	6	7
Showed respect toward my peers.	1	2	3	4	5	6	7

My goal for next meeting: